

Prior to Waxing.

To get the best, most comfortable results from your Waxing appointment ensure your hair is about the length of a grain of rice about 0.5 cm to 1 cm, which typically takes 2 to 4 weeks of no shaving. Avoid using heavy lotions, oils or retinol creams in the 24 to 48 hours prior & take a fresh shower before you visit.

Preparing for a professional Wax properly not only makes the process smoother but also significantly reduces discomfort & lowers the risk of ingrown hairs. Follow these essential steps leading up to & on the day of your appointment.

- Grow the hair: ensure it's roughly 0.5 cm to 1 cm long. If you've recently shaved wait at least 2.5 to 3 weeks before your booking.
- Exfoliate: gently exfoliate the area 24 to 48 hours before hand to remove dead skin cells and help the Wax adhere only to the Hair.
- Pause retinoids: if you are getting a facial wax stop using any retinol, retinoids or glycolic acids 5 to 7 days prior to prevent skin thinning or tearing.
- Skin skin tanning: avoid heavy sun exposure or tanning beds for at least 48 hours prior, as Waxing sunburned or irritated skin is highly unsafe.

The day of the appointment

- Shower: Come in with freshly washed & clean skin.
- Avoid lotions & oils: do not apply heavy moisturisers, body oils or deodorant to the area you are having waxed, as they create a barrier & prevent the Wax from gripping properly.
- Skip caffeine & alcohol: both can dehydrate your skin & heighten your sensitivity to Wax, so it's best to avoid them for a few hours before.
- Wear loose clothing: bring away loose, breathable clothing i.e. cotton to prevent post Wax friction & irritation in the newly sensitive area.

If you have any questions, please call (07769)552399.