

After Wax Care

Directly after Waxing, your hair follicles are open & vulnerable. To protect your skin, stay away from the following.:

- Heat & Steam: skip hot baths, showers, sauna, & steam rooms.
- Sweat: avoid intense workouts, heavy gym sessions, or anything that makes you heavily perspire, as sweat can irritate open pores.
- Swimming: Do not swim in chlorinated pools, hot tubs, or the ocean, which can introduce bacteria to vulnerable skin.
- Perfume products: Skip deodorant, body sprays, & heavily scented lotions. Avoid sexual activity for 12 to 24 hours after an intimate wax i.e. Brazilian.

Days 3 & Beyond: Ongoing Maintenance.

Once your skin has calmed down, you must establish a routine to prevent ingrown hairs & maintain silky results.

- Exfoliate: Gently exfoliate the area 2 to 3 times a week using a mild scrub, dry brush, or exfoliating mitt.
- Moisturise daily: Keep your skin hydrated. Choose fragrance free or calming products with soothing ingredients like aloe vera, tea tree oil, or witch hazel.
- Don't Shave: Never shave between appointments. Shaving cuts the hair at the surface and interferes with the hair growth cycle, which makes your next Wax more painful: less effective.

To ensure you maintain your silky-smooth results it is highly recommended to book your next session 4 to 6 weeks after, as Waxing consistently weakens the hair follicle overtime.